

# MEGHAN ELIZABETH HEDLEY

127 Montford Ave, Asheville, North Carolina, 28801

[www.redearthwellnessway.com](http://www.redearthwellnessway.com)

[www.meghanhedleyart.com](http://www.meghanhedleyart.com)

[Meg@RedEarthWellnessWay.com](mailto:Meg@RedEarthWellnessWay.com)

949.683.3020

## EDUCATION

2025-Present Currently Scheduling Chinese Medicine National Board Exams in following subjects:  
Acupuncture, Chinese Herbal Medicine, Foundations of Chinese Medicine,  
Western BioMedicine

2025-Present Doctoral Degree Completion Program, Doctor of Acupuncture & Herbal Medicine  
Yo San University, California, *Expected Graduation September 2026*

2021-2024 Academy for Five Element Acupuncture, Graduated with Masters in Acupuncture,  
Certificate in Chinese Herbal Medicine, Florida

2021-2024 Bachelor of Health Science, Florida

2023-Present MBLEX Exam: Pass, Florida Massage License Granted August 2023, MA #103361

2020 Marie Forleo B-School: training in online leadership and entrepreneurship

2015-19 Chinese Medicine Graduate Studies, Oregon College of Oriental Medicine  
*acupuncture, herbs, movement therapy, Shiatsu massage*

2013 MFA, Fine Arts, Washington State University  
Areas of Specialization:  
*Painting, Drawing, Installation*  
MFA Thesis Overview: *"Ogham Now, Woman Here"*  
*An installation of paintings and drawings correlating ancient Celtic practices, the work of French philosopher Luce Irigaray, and studies of mind-body healing*

2010 BA, Fine Arts, George Fox University (magna cum laude)

2010 BA, Philosophy, George Fox University (magna cum laude)

## HEALTH FIELD ASSOCIATIONS, CLINIC WORK, CERTIFICATIONS & HONORS

2023-24 Massage Therapist at co-operated clinic, Self Employed, Florida

2023 Acupuncture Injection Therapy at Academy for Five Element Acupuncture: 55 hours +  
5 Hours in BioMedical Sciences

2022 Face Reading, A Catalyst for Wellness published in The Idea Crucible  
<https://www.abmst.org/articles/face-reading-catalyst-wellness>

2021-22 Craniosacral Therapist at co-operated clinic, Self Employed, New Mexico  
No Massage License Required in New Mexico for Craniosacral Therapy in 2021-22

2019-21 Advanced Mentorship with Chinese Medicine Practitioner CT Holman- observed in his clinic and participated in his virtual mentorship program focusing in Face Reading in Chinese Medicine

2018-19 Craniosacral Therapy I, II, III at Moving Mountain Institute 2018-2019

2017 Clean Needle Technique Certification- 15 hours

**BUSINESS, SALES, CUSTOMER SERVICE, RETAIL, SOCIAL SERVICES**

Aug 2011-Current

*Self Employed Artist: Exhibitions, Private Collections, Lectures (detailed below)*

Jan 2024-Current

*Owner, Mama Meg's Creative Shop, Etsy, <https://mamamegscreativeshop.etsy.com>*

Feb 2020-Current

*Enagic Independent Distributor*

June 2020-Current

*Holistic Online Coach focusing on Chinese Medicine Informed Face Readings*

Nov 2019-Current

*Digital & Affiliate Marketer, Course Creation, Mixed Low and High Ticket Sales*

June 2021-2023

*Sales Team & Direct Assistant for Diamond Life Mentorship Program, Balazs W. Kardos*

January 2021-October 2022

*Michael's Art Store Top 100 Online Platform Contributor and Artist*

June 2015-August 2015

*FRIENDSHIP SHELTER, Laguna Beach, CA*

*-Social services director at a homeless shelter- coordinated meals and sleeping arrangements of 45-70 people; drove a 15 passenger van to and from town*

July 2014-May 2015

*MOSCOW FOOD CO-OP, Moscow, ID*

*Cashier and Front End Customer Solutions Assistant*

*-Politely and professionally answer phone calls while sitting at the customer solutions desk, using the intercom, and helping customers with their questions and advocating sustainability; also worked as front end cashier and throughout grocery in slow hours*

August 2013-April 2014

*MOSCOW FOOD CO-OP, Moscow, ID*

*Deli Server and Barista*

*-Served fresh, local food in a fast-paced environment*

September 2013-September 2014

*THE STORM CELLAR CONSIGNMENT STORE, Moscow, ID*

*CLOTHING AND GOODS*

*-Conducted pleasant interactions with customers, handled their money, began consignment memberships, and kept track of inventory*

March 2012-May 2012

*THE BLACK CYPRESS, Pullman, WA, Hostess and Server*

February 2011-June 2011

*THE ALLISON INN and SPA, JORY RESTAURANT, Newberg, OR, Hostess and Server*

April 2010- August 2010

*FARM TO FORK RESTAURANT, Dundee, OR, Hostess, Greeter, Hospitality, Retail Sales*

March 2006- August 2006, June 2007-August 2007

*RED ROBIN GOURMET BURGERS, Irvine, CA. Lead Hostess*

## TEACHING, ARTIST TALKS, ART EMPLOYMENT

2022 Thriving Visionary Online Business Masterclasses, July, December

2021 Creative Healing with the Elements and Seasons, Business Platform, Online, May

2020 Artist Talk: LAND MARKS, Stoller Winery, OR, March

2020 Artist Talk: Elemental Meditations, Paragon Gallery, Portland, OR, March

2020 Guest Lecturer: Creativity Exploration, George Fox University, March

2019 Guest Lecturer, Drawing I, October

2019 Adjunct Professor Roster, Art and Design Department, George Fox University, ongoing

2019 Guest Presenter, George Fox University Student Art Awards

2019 Guest Lecturer, lecture and workshop with education department, George Fox University

2018 Artist Talk, (PAINT) the Ten Thousand Things, Chehalem Cultural Center, Newberg, OR

2018 Guest Lecturer, Chinese Medicine and World Religions, George Fox University

2018 Guest Lecturer, a two session lecture and workshop with the education department on teaching art to elementary students, George Fox University

2018 Community Drawing Workshop, Chehalem Cultural Center, Newberg, OR

2017 Visiting Professor at Valley City State University, Valley City, North Dakota

2017 Drawing II Class Collaborative Drawings, George Fox University

2017 Adjunct Instructor of Art, Drawing II, George Fox University

2017 Guest Lecturer, Chinese Medicine and World Religions, George Fox University

2017 Guest Instructor, WaterColor I, George Fox University

2016 Guest Lecturer, Chinese Medicine and World Religions, George Fox University

2011-13 [TA] Art History for Professor Lee, Washington State University

2013 [TA] Art History for Professor Mumford, Washington State University

2011-12 [TA] Instructor of Record, Washington State University, Pullman, WA, 2D Foundations

2012 Studio Assistant to artist Io Palmer, Pullman, WA

2011 Instructor of Drawing, International Department, George Fox University, Summer Term

2010 Instructor of Drawing, International Department, George Fox University, Summer Term

2009 Student Assistant to Professor Gary Buhler, Drawing II, George Fox University

## CURRENT GALLERIES AND REPRESENTATION

bG Gallery, Santa Monica, CA

## PUBLICATIONS

2022 Face Reading, A Catalyst for Wellness published in The Idea Crucible  
<https://www.abmst.org/articles/face-reading-catalyst-wellness>

2020 Love in the Time of Corona, dotred.co virtual exhibition experience

2020 "Parallel Landscape," Stoller Family Estate Blog, [www.stollerfamilyestate.com](http://www.stollerfamilyestate.com)

2019 Art and Writing Pairing, Pigeon Pages NYC, literary journal, NEW YORK, NY, [www.pigeonpagesnyc.com](http://www.pigeonpagesnyc.com), July

2019 Interview, LA/OC Most Inspiring Stories, Voyage LA Magazine, [www.voyagela.com](http://www.voyagela.com), July

2018 Artist Feature, Newberg Graphic, Newberg, OR

2018	Billy Gross, Art Roster, <a href="http://UniversallyUnknown.com">UniversallyUnknown.com</a>
2018	Chehalem Cultural Center, Drawing Workshop and Exhibition Page
2016	Featured Cover Artist, FUGUE JOURNAL, Issue 50, University of Idaho
2013	MFA THESIS, Washington State University Library Thesis Collection

### **RESIDENCIES, WORKSHOPS, CONFERENCES, TRAININGS**

2019-2020	Chinese Medicine Mentorship with CT Holman
2020	Marie Forleo B-School, Year Long
2019-20	Artists in Business, Year Long
2018-19	Cranialsacral Workshop, Moving Mountain Institute, Portland, OR <i>-Attended workshops and certified in Craniosacral Therapy alongside the creation of a new body of work exploring the bodymind connection</i>
2014	Luce Irigaray Conference, University of Warwick, England, 17-19 June <i>-collaboration of international artists and philosophers</i>
2013	Seminar on Luce Irigaray, University of Bristol, England, 9-16 June
2013	Residency and Workshop, Burren College of Art, Ireland, 29 June- 27 July
2012	Paint Installation Systems Workshop taught by Artist Franklin Evans, Anderson Ranch, Colorado, August
2009	Art and Philosophy Conference, NYC, New York
2009	Art and Conflict Conference, Belfast, Northern Ireland

### **PERMANENT COLLECTIONS**

Providence Medical Center Acquisition in collaboration with Art Elements Gallery, Newberg  
 Church of the Vine, Newberg  
 Paintings, George Fox University  
 Collaborative Community Drawing, Chehalem Cultural Center  
 Commissioned work and other work in private collections:  
 USA: Alaska, California, Idaho, Illinois, Massachusetts, New Hampshire, Oregon, Washington, Michigan  
 INTERNATIONAL: England, France, Ireland

### **AWARDS**

2020	Art in Governor's Office Nominee, Oregon
2011-13	Full Tuition Scholarship, Washington State University
2010	Commencement Speaker, George Fox University
2010	Steinfeldt Peace Studies Scholarship, George Fox University
2010	Barclay Tuition Scholarship, George Fox University
2008-10	Richter Scholarship George Fox University, Travel and Research <i>This scholarship included time in Rwanda and Northern Ireland, exploring art in relation to healing and reconciliation. I presented my research in an artist talk and exhibit.</i>

## ART EXHIBITION RECORD

### **Solo**

2021 HIGH DESERT, Universally Unknown, [artsy.com](https://artsy.com), Feb-March  
2020 LAND MARKS, Stoller Winery, Willamette Valley, Oregon, January-May  
2020 Elemental Meditations, Paragon Gallery, Portland Community College, OR, Feb-June  
2019 Studio 111, Pop-Up Gallery, Portland, OR, October  
2019 BLUE UNION, Live painting at wedding ceremony and community drawing during reception, Portland, OR, August  
2019 LANDSCAPE, First Friday Art Walk, Art Elements Gallery, Newberg, OR, June  
2019 TETELESTAI, Church of the Vine, Newberg, OR April-July  
2019 COLORIST, Prima Salon, Portland, OR January-September  
2018 Paintings and Drawings, Olympic Mills Commerce Center, Portland, OR, June  
2018 (PAINT) the Ten Thousand Things: an Installation, Chehalem Cultural Center, Newberg, OR, Feb-Mar  
2017 sensation & perception, Valley City State University, North Dakota, Sept-Nov  
2014-15 RED, Pivot Company, Portland, Oregon  
2013 TIME WITH HER, Solo Exhibit, Turnspace Gallery, Moscow, ID, Oct  
2013 Body/Ink Drawings, Open Studio, Burren College of Art, Ireland, July  
2012 Rhythm and Riot, Lindgren Gallery, George Fox University, Sept  
2012 WEYT [wait], Gallery II, Washington State University, Apr

### **Group**

2021 LA ART SHOW, bG Gallery, Los Angeles, CA July  
2021 Vital Transformation, Art Elements, Oregon, April-June  
2020 Love in the Time of Corona: in person and virtual show, bG Gallery, Santa Monica, CA, Mar-May  
2020 LA ART SHOW, bG Gallery, LA Convention Center, Los Angeles, CA, February  
2020 To Marvel and Sustain, Art Elements, Newberg, OR, Jan-Mar  
2019 Representational Abstract II, bG Gallery, [artsy.com](https://artsy.com), Sept-Nov  
2019 MARKING TIME, Concourse Gallery, Oregon State University, Corvallis, OR, Sept-Oct  
2019 Oregon Society of Artists, Portland, OR, Sept-Oct  
2019 Portland Open Studios, Portland, OR, Oct  
2019 Big and Small, Columbia Center for the Arts, Hood River, OR, July  
2019 CHAOTIC BEAUTY Group Show w/ Tom Dunn, Meghan Hedley, Taft McWhorter Exhibit A Gallery, Los Angeles, CA, Feb  
2019 LA Art Show, bG Gallery, Los Angeles, CA, Jan  
2018-19 Open Show, Los Angeles Art Association Gallery 825, Los Angeles, CA, Dec-Jan  
2018-19 12x12 Grid, 144 Space Gestalt Projects, bG Gallery, Santa Monica, CA  
2018 Art Squared Exhibition, Chehalem Cultural Center, Newberg, OR, August  
2018 PINK {speak} Group Show, Terrain Gallery, Spokane, WA, June  
2017 Autumn Rise, Faculty Exhibition, Minthorne Gallery, George Fox University, Newberg, OR, June  
2017 Wine, Whiskey, & Women, Olympic Mills Commerce Center, Portland, OR, July  
2017 George Fox University Alumni Exhibit, Minthorne Gallery, Newberg, OR, Aug  
2016 Pullman Art Walk, Gladish Community Center, Pullman, WA, May

2014 HOW DO WE SHARE THE AIR, Collaboration with Austin Storm, The Art Affair, Marriot Hotel, Moscow, ID, June

2014 MOTHER, International collaboration, Michaela Meise and Elizabeth Matthews, Conference with philosopher Luce Irigaray, University of Warwick, UK, June

2014 Ritual Mother Exhibition, Primo Piano LivinGallery, Lecce, Italy, Feb

2013 MFA Thesis Exhibition, Museum of Art, Washington State University, Apr

2010-11 Open Studios, First Friday Event, Downtown Newberg, OR, July

2010 The Art of Reconciliation, Resolutions NW 25th Anniversary, Portland, OR, June

2010 Recent Graduates Exhibit, Blackfish Gallery, Portland, OR, July

2010 NEAR-DWELLER, Undergraduate Thesis Exhibition, Minthorne Gallery, George Fox University, Newberg, OR, Apr